

# HSD COVID-19 Mitigation Measures

## Guidelines to Consider

<b>COVID-19 Community level</b>	<b>School-Level Prevention Strategies (as recommended by state or local authorities)</b>
<b>Low, Medium, and High</b>	<ul style="list-style-type: none"><li>● Ventilation:<ul style="list-style-type: none"><li>○ Maintain improved ventilation in public indoor spaces.</li></ul></li><li>● Vaccination Efforts:<ul style="list-style-type: none"><li>○ Continue to provide website information for opportunities for vaccine locations.</li><li>○ Continue to provide the school community with vaccination and immunization education.</li><li>○ Collaborate with the Saint Louis County Public Health Department to research vaccine hesitancy and provide equitable resources to our school community.</li></ul></li><li>● Quarantine and Isolation:<ul style="list-style-type: none"><li>○ A 5-day exclusion is followed by a 5-day masking period. The positive case can return for that 5-day masking period if they show no symptoms or their symptoms are resolving (without fever for 24 hours) after the required isolation period. They are allowed to attend school/work. Still, They must wear a mask for those five days around others to minimize the risk of infecting people they encounter per the St. Louis County Department of Public Health (DPH) and the Center for Disease Control (CDC) quarantine practices. The positive case is excluded for the entire ten-day isolation period if unable to mask.</li><li>○ For those ages 3-21, someone is considered “up to date” once they complete their primary series (2 doses plus 14 days). No booster is required, although eligible students may choose to receive a booster dose.</li><li>○ If an individual tests positive for COVID-19 without symptoms, Day 0 is the day the individual was tested. Day 1 is the first full day following the day the individual was tested.</li></ul></li></ul>

- If an individual tests positive for COVID-19 with symptoms, Day 0 of isolation is the day of symptom onset regardless of when the individual tested positive. Day 1 is the first full day after the day the individual's symptoms started.
- The same guidelines for COVID-19 exposed individuals will be used whether an individual is not up to date or not on COVID-19 vaccines. Instead of quarantining, if a student or employee is exposed to COVID-19, that individual should wear a high-quality mask for ten days and get tested on Day 5 as long as the individual does not have symptoms.
- In-Person Athletics and Activities
  - Spectators and student-athletes are recommended, not required, to wear masks when community levels increase to 'high' or an individual is at high risk. .
- In-Person Student Performances and Parent Nights
  - All student and community participants are recommended, not required, to wear masks when community levels increase to 'high' or an individual is at high risk. .
- Student and Employee Masking
  - Masking is recommended, not required, during the school day and on all district transportation when community levels increase to 'high' or an individual is at high risk.
  - All students and staff returning from isolation or exclusion will remain masked for a minimum of 5 days per DPH and CDC quarantine practices.
  - Masks will remain recommended. We will continue to monitor thresholds of positive cases at each site. We will not use thresholds to require a mask-required status.
- Drinking Fountains and Ice Machines
  - Hand sanitizer should continue to be available at drinking fountain locations.
  - A deliberate increase in the sanitization of these shared spaces will continue.
- Student Evaluations, Screenings, Registration, and Testing (e.g., 504, Individual Education Plan (IEP), Parent-Teacher Conferences)
  - These processes will resume in person. Virtual options will continue to be used to accommodate parents' requests and personal comfort levels.
- Transportation

- Masking is recommended, not required, while on all school district transportation (e.g., buses, vans) when community levels increase to ‘high’ or an individual is at high risk..
- Masks will continue to be accessible to students on all district buses.
- Seating charts may be implemented and required.
- Restrooms
  - All restrooms should be open and accessible at full capacity. A deliberate increase in the sanitization of these shared spaces will continue.
- Sanitization
  - Current sanitization practices will continue to be followed at school sites and on all school transportation (e.g., using electrostatic sprayers, handwashing education, additional handwashing, hand sanitization breaks, scheduled sanitization of shared common spaces, and sanitization stations).
- Signage
  - Visual reminders of handwashing and respiratory etiquette will continue.
- Use of Common Materials and Supplies
  - Sanitization of shared materials will continue (e.g., playground equipment, instructional supplies, PE equipment).
- Contact Tracing
  - Contact tracing will occur when knowledge of positive cases is reported by a parent/legal guardian or employee following public health recommendations. An email will be shared with the parent/guardian indicating that there has been a positive case in your child’s classroom. The letter will include monitoring your child for symptoms and contacting your child’s healthcare provider.
- Dashboard
  - Using the individual school dashboard data, the school community can monitor their child’s individual school reported positive case threshold in conjunction with the county community transmission level.
  - The dashboard may be discontinued when no longer beneficial or needed.

<p align="center"><b>COVID-19 Community Level</b></p>	<p align="center"><b>District-Level Prevention Strategies (as recommended by state or local authorities)</b></p>
<p align="center"><b>Low, Medium, and High</b></p>	<ul style="list-style-type: none"> <li>● Board of Education Meetings <ul style="list-style-type: none"> <li>○ Individuals are required to be symptom-free and complete the self-screener before participating or attending meetings.</li> </ul> </li> <li>● Masking will be recommended for all staff, students, parents, and community members upon advisement from the CDC and St. Louis County Department of Public Health when community levels increase to ‘high’ or an individual is at high risk. .</li> </ul>
<p align="center"><b>COVID-19 Community Level</b></p>	<p align="center"><b>Parent/Visitor Prevention Strategies (as recommended by state or local authorities)</b></p>
<p align="center"><b>Low, Medium, and High</b></p>	<ul style="list-style-type: none"> <li>● School Events (e.g., Student Award Assemblies, Field Day, Classroom observations, Classroom Assistance, Field Trips) will resume to normal, with possible capacity limitations.</li> <li>● Masking will be recommended for all staff, students, parents, and community members upon advisement from the CDC and St. Louis County Department of Public Health.</li> <li>● COVID-19 Self Report <ul style="list-style-type: none"> <li>○ Individuals are required to be symptom-free and complete the self-screener before participating in any volunteer activities.</li> </ul> </li> </ul>
<p align="center"><b>COVID-19 Community Level</b></p>	<p align="center"><b>Volunteer Prevention Strategies (as recommended by state or local authorities)</b></p>
<p align="center"><b>Low, Medium, and High</b></p>	<ul style="list-style-type: none"> <li>● Approved individuals must have fully completed the district volunteer vetting process outlined by the Human Resources department and agree to all COVID mitigations measures outlined by the district.</li> <li>● COVID-19 Self Report <ul style="list-style-type: none"> <li>○ Individuals are required to be symptom-free and complete the self-screener before participating in any volunteer activities.</li> </ul> </li> </ul>

<b>COVID-19 Community Level</b>	<b>All-Level Prevention Strategies (as recommended by state or local authorities)</b>
<b>High</b>	<ul style="list-style-type: none"> <li>● If any individual is at high risk for getting very sick, wearing a well-fitting mask or respirator is recommended when indoors in public.</li> <li>● Seek additional community support for employees and school families should healthcare surge support be needed.</li> <li>● Consider maintaining social distancing when examining the risk in a particular setting, including local COVID-19 Community Levels and the vital role of ventilation.</li> </ul>

**Considerations:**

- The District will continue to work closely with Medical Professionals and Public Health Officials and implement any and all mitigation measures when and if needed.
- Medically fragile or high-risk staff and students are encouraged to reach out to building nurses and administrators to discuss additional options to ensure their safety to learn and work in person confidently.
- The focus should also be on providing vaccine opportunities and collecting vaccine data.
- The following are “constant mitigations” that will remain a fixture in the district regardless of COVID-19 community transmission levels:
  - Promoting proper hand hygiene/sanitizing
  - Proper cough/sneeze protocol
  - Continue mask etiquette for students and employees to be inclusive for those individuals who are more susceptible or comfortable with continued masking.
  - Hospital-grade cleaning procedures in buildings and on school buses
  - Vaccine promotion, education, and resources
  - Testing promotion, education, and resources
  - Promoting the importance of staying home when sick
  - Promoting the importance of notifying the district about positive COVID-19 results
  - Hosting virtual meetings when deemed appropriate